

Blue Dog Menu

It all starts with Fresh Roasted Gourmet Coffee Espresso, Cafe Latte, Cappuccino, Americano, Cafe Mocha, Gourmet Teas, Hot Chocolate, Chai Tea Lattes, Matcha Lattes

ALL DAY BREAKFAST

Selection of Delicious Muffins and Scones	\$1.75 and \$2.50
Fresh fruit - served with vanilla yogurt & Blue Dog Granola	\$4.50
Bagel - toasted with butter or cream cheese	\$1.65/\$2.20
Bagel with bacon, egg & cheddar cheese	\$3.80
Bagel Bacon, lettuce & tomato	\$3.80
Bagel - toasted with cream cheese, smoked salmon & capers	\$6.95
Quiche - daily choice of vegetarian or meat - add fresh fruit for \$2.95	\$5.60
Western Omelet Burrito	\$3.40 add fresh fruit \$2.95

LUNCH & DINNER

Please Ask About our Salad, Wrap and Panini of the Month!

Salads:	Full Size	Small
Garden - served with our own Blue Dog Balsamic Dressing	\$8.95	\$5.35
Caesar - classic with parmesan, crispy bacon & croutons	\$8.95	\$5.35
Greek - romaine, tomatoes, cucumbers, peppers, olives & feta	\$9.95	\$6.25
Grilled Veggie Salad with Goats Cheese - served on a bed of greens	\$9.95	\$6.25
Spinach Salad with Apple, Craisins, Feta and Candied Pecans	\$9.95	\$6.25

^{*} add a full breast of chicken to any salad for \$2.95

The Blue Dog * PICK TWO ' Lunch:

\$9.75

Pag \$2 00 or Lg \$5 75

Choose a: panini sandwich, wrap or quiche AND Choose a side salad OR soup OR chili (add \$.50 for chili) Salad Choices include: Garden, Caesar, Greek or Grilled Vege (\$0.50 extra for Greek, Spinach, Grilled Vege)

Grilled Panini Sandwiches:

Roasted Vegetable - with pesto & provolone cheese

Tuna Melt - a classic! Tuna Salad (with mayo, celery & green onion) and melted cheddar cheese Grilled Cheese - with tomato and caramelized onions.

Wraps:

Turkey BLT Wrap

Chicken Salad Wrap - chunks of chicken with grapes and craisins

Chicken Caesar Wrap - classic!

Soun - Frach coloction daily

Thai Chicken Wrap - with our own ginger peanut sauce

Sante Fe Wrap - black bean & corn mixture w/red onion, red pepper, cheddar, tortilla chips and chipotle mayo.

Soup - Fresh selection daily	keg \$5.99 of Lg. \$5.75
Blue Dog Chili (not available in summer)	Reg \$4.65 or Lg. \$6.00
Flat breads:	
"Canadian" - tomato, bacon, red onions & cheddar	\$5.95
"Roasted Veggie" - pesto, grilled vegetables & provolone (goats cheese opti-	onal) \$5.95
"Italian" - chicken, pesto, tomato and provolone cheese	\$6.95
Gluten Free Pizza - "Canadian" or "Grilled Vegetable"	\$12.95

ICED Coffee Drinks: Iced Tea & Coffee · Iced Cappuccino · Iced Mocha · Iced Caramel Mocha · Iced Chai

Dessert: Daily selection of cheesecake, squares, brownies & cookies to satisfy your sweet tooth!